

# Introduction to the training for OPDs

## OPDs

### **Trainer's notes:**

*All trainers must read the Introduction to the Trainer's Manual before the training as part of the preparation as this provides essential information for this, and all future sessions.*

### **Objectives**

- To introduce the trainers and participants
- To introduce the objectives of the training
- To establish house rules
- To explain the terms CBR and CBID

### **Time allocated**

- 100 minutes.

### **Resources needed**

- PPT Presentation
- Whiteboard or flipchart
- Flipchart paper and markers.

For each participant:

- Participant Manual
- Timetable for the training.

### **Preparation**

Familiarise with:

- relevant content of the Participant Manual
- PPT slides

Prepare:

- full timetable for the training

Print for each participant and trainer and give to participants as they arrive:

- Participant Manual
- Timetable for training.

Provide:

- Notebook and pen for each participant.

## 1.1 Introductions (40 minutes)

### OPDs

#### The Role of OPDs in Community Based Inclusive Development

##### Introduction



The role of OPDs in CBID: 1

**Welcome** the participants.

**Give** them all a Participant Manual and Timetable if these haven't been distributed at registration.

**Cover** any housekeeping matters such as:

- Location of bathrooms, accessibility, accommodation, reimbursements, transport, refreshments, emergency procedures, daily timetable (start, finish, break times).

#### Introductions

The role of OPDs in CBID: 2

**Introduce** the trainers.

**Invite** the participants to introduce themselves to the person sitting next to them.

**Ask** all of those on your right to discuss with their partner one of the successes that has been achieved in this country in relation to the inclusion of persons with disabilities.

**Ask** all of those on your left to identify with their partner an area where work still needs to be done to achieve inclusion of persons with disabilities.

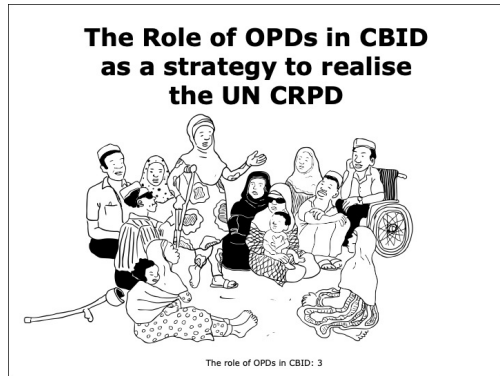
**Allow** a few minutes for discussion and then ask everyone in turn to introduce themselves to the group as well as one person from each pair giving feedback on the area they identified.

**Ask** your co-trainer to draw a line down the centre of a flipchart page and to head one side **successes** and the other **challenges** and to write keywords that are mentioned by each group in a list on each side as the groups report back.

**Thank** all participants for their comments and highlight some of the answers given.

#### Explain:

- As members of Organisations of Persons with Disabilities (OPDs), participants of this training have the daily experience of the extent to which society is inclusive.
- Through networking within and between the OPDs in Zanzibar and beyond, participants also understand the bigger picture of the extent to which society is inclusive to **all** persons with disabilities.



**Explain:**

- Our aim with this training is to share and increase our knowledge in a range of areas, to better equip us all to champion disability inclusive development across all areas of life.
- This training looks at **the role of OPDs in CBID as a strategy to realise the UN CRPD.**
- That's a lot of acronyms!

**Ask:** Who can tell us what OPD stands for?

**Acknowledge** response and confirm it is Organisations of Persons with Disabilities, which is the updated name for Disabled People's Organisations in line with the language of the UN CRPD that talks of Persons with Disabilities rather than Disabled People.

**Ask:** What does CBID stand for?

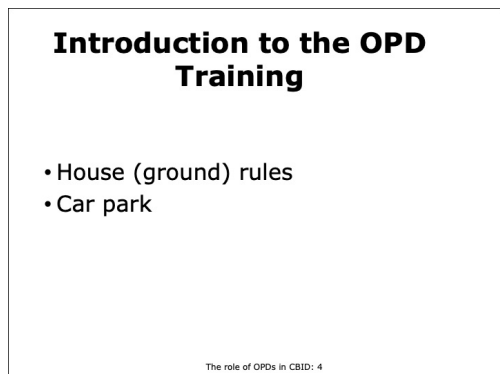
**Acknowledge** response and confirm that it is Community Based Inclusive Development and explain that we will be looking at that term more closely in the next section of this session.

**Ask:** And what does UN CRPD stands for? **Let's say it together:** United Nations Convention on the Rights of Persons with Disabilities.

**Explain:**

- In Zanzibar, as in many countries of the world, Community Based Inclusive Development – CBID - has been adopted as a strategy to realise the UN Convention on the Rights of Persons with Disabilities, and this training is focused on looking at the role of Organisations of Persons with Disabilities (OPDs) in CBID.

## 1.2 Ground Rules and Car Park (15 minutes)



**Ask** participants to suggest house rules for the training - write them on a flipchart and put on the wall.

Head another flipchart sheet 'Car Park' and explain that if any topic comes up that cannot be dealt with within the session, it will be 'parked' and addressed at a later time.

**Trainer's notes:**

*Having a 'Car park' will help keep the training on time, but remember to go back to it when you have time, or in the summary session at the end of the training.*

### 1.3 CBR / CBID terminology (35 minutes)

#### OPDs

##### From CBR to CBID

- Community Based Rehabilitation (CBR)
- Community Based Inclusive Development (CBID)

The role of OPDs in CBID: 5

##### Explain:

- We are going to begin with a brief discussion about the terms Community Based Rehabilitation (CBR) and Community Based Inclusive Development (CBID).

**Ask:** Who has heard of the term CBR?

**Acknowledge** responses.

**Ask:** Who has heard of the term CBID?

**Acknowledge** responses.

**Ask:** Do they mean the same thing or something different?

**Explain** that we will look briefly at the history of the terms to come to an answer.

##### From CBR to CBID

HEALTH

The role of OPDs in CBID: 6

##### Explain:

- Originally, when it was introduced by the World Health Organization back in the 1970's, CBR was focused on medical treatments and related interventions, and rehabilitation was its cornerstone: health workers provided service provision for rehabilitation.

##### From CBR to CBID

LIVELIHOOD

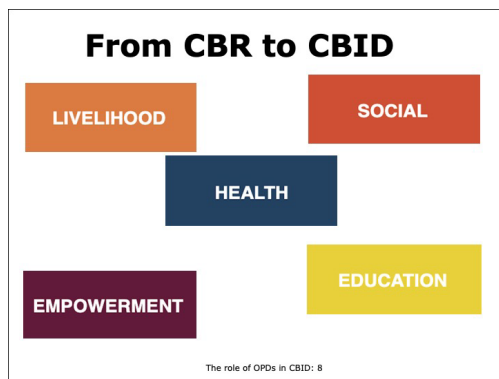
HEALTH

EDUCATION

The role of OPDs in CBID: 7

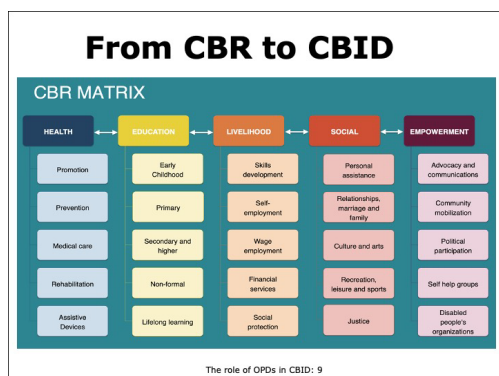
##### Explain:

- Over time CBR evolved – alongside the disability movement itself which went through many stages of development.
- CBR became a much broader strategy that promotes inclusion, participation and empowerment of persons with disabilities in areas such as education and livelihoods for example.



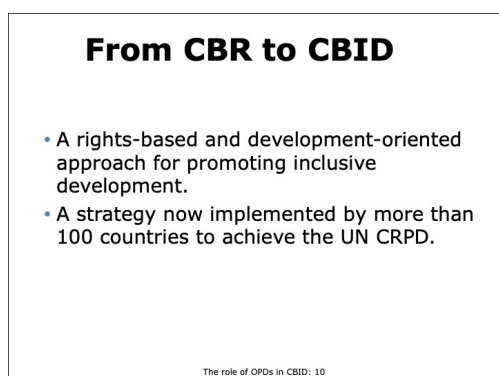
**Explain:**

- As well as across social and empowerment sectors – empowering for persons with disabilities and their families.



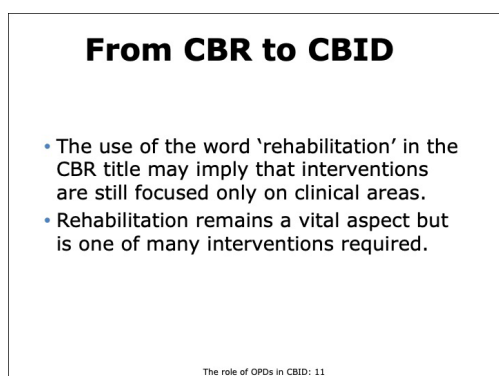
**Explain:**

- This broad mandate of CBR is summarised in the CBR Matrix within the CBR Guidelines, which were launched in 2010.
- The CBR Matrix



**Explain:**

- In this way, CBR became a rights-based and development-oriented approach for promoting inclusive development.
- It is a strategy now implemented by more than 100 countries as an effective tool to achieve the rights of people with disabilities in line with the UN Convention on the Rights of Persons with Disabilities (UN CRPD).



**Explain:**

- However, although CBR is much more than rehabilitation, the use of the word in the CBR title may imply that interventions are still focused only on clinical interventions, and that persons with disabilities must be 'rehabilitated' in order for them to lead full and dignified lives.
- But while provision of rehabilitation services remains a very important aspect of inclusive development, it is one of many interventions of the holistic approach that are key to persons with disabilities achieving greater inclusion in all aspects of society.

## From CBR to CBID

- CBR is a term that some development stakeholders, may still view as a medical only strategy.
- There are also CBR programmes whose approach remains very traditionally in the medical field who further fuel this perspective of CBR.

The role of OPDs in CBID: 12

### Explain:

- Because of its history and its name, the term Community Based Rehabilitation is one that some development stakeholders, including many OPDs, may not understand in its current sense and may see it as a narrow strategy.
- Also, there are also some CBR programmes whose approach remains very traditionally focused on health issues only and does not promote or facilitate the empowerment of people with disabilities, who further fuel this perspective.

### Ask: Why might that be a challenge?

- **Acknowledge** responses and emphasize that if they view it as purely a medical strategy, they may dismiss it as outdated or irrelevant.

## From CBR to CBID

- Some stakeholders working in specific areas of the CBR Matrix may not see themselves as CBR stakeholders.
- This can limit their support of CBR, their collaboration with other actors, and their recognition of the relevance of CBR to them and their work.

The role of OPDs in CBID: 13

### Explain:

- Another disadvantage we see with the term CBR is that some stakeholders working in specific areas of the CBR Matrix such as inclusive education, access to justice, inclusive sports, culture and arts, may not be aware of the CBR Matrix and do not associate themselves as CBR stakeholders.
- This can limit their support of CBR, their collaboration with other actors, and their recognition of the relevance of CBR to them and their work.

### Ask: Why might that be a problem?

**Acknowledge** responses and emphasize that CBID is stronger when stakeholders from all areas network and collaborate to achieve inclusion for persons with disabilities.

## From CBR to CBID

- CBID is a term that more accurately describes a strategy that covers all areas of life to achieve the inclusion of persons with disabilities.
- It reflects a rights-based approach that respects differences and acknowledges and accepts diversity as part of human life.
- Inclusive development engages society to remove barriers.

The role of OPDs in CBID: 14

### Explain:

- In contrast, the term Community Based Inclusive Development – CBID – more accurately describes a strategy that focuses on outcomes in the wider community.
- It reflects a rights-based approach that respects differences and acknowledges and accepts diversity as part of human life.
- Inclusive development engages society to remove all barriers that exclude persons with disabilities.

## From CBR to CBID

- Inclusive development is a global strategy that development stakeholders identify with and see as their responsibility.
- Therefore, by using the term CBID in place of CBR, we can more strongly encourage everyone to take responsibility for the inclusion of all.

The role of OPDs in CBID: 15

### Explain:

- Inclusive development is a global strategy that development stakeholders identify with and see as their responsibility.
- Therefore, by using the term CBID in place of CBR, we can more strongly encourage everyone to take responsibility for the inclusion of all.
- By promoting CBID we can also more effectively communicate that in line with the Sustainable Development Goals (SDGs) that commit to 'leave no one behind', persons with disabilities must be included.

### Explain:

- This training uses and promotes the term CBID.

**Ask:** Does anyone have any comments or views on this issue they would like to add?

**Acknowledge** responses.

## The Role of OPDs in CBID as a strategy to realise the UN CRPD



The role of OPDs in CBID: 16

### Summarise:

- Over the next sessions, we will be looking at the different areas of CBID as a strategy, and collectively we will discuss and agree the different roles that OPDs – individually and collectively – can play in CBID and in realising the articles of the UN CPRD for Zanzibar.

## 1.4 Timetable (10 minutes)



**Ask** participants to refer to their timetable and give an overview highlighting some of the topics that will be covered during the training.

**Ask** if there are any questions.

**Close** the session.

