

# CBID Training Package

## Curriculum outline for Volunteer Level CBID training

Subject	Topics
Accessibility	<ul style="list-style-type: none"> <li>• Definitions of accessibility in relation to persons with disabilities.</li> <li>• Strategies to improve accessibility.</li> </ul>
Advocacy	<ul style="list-style-type: none"> <li>• Definition and importance of advocacy.</li> <li>• The advocacy cycle.</li> </ul>
Appropriate language	<ul style="list-style-type: none"> <li>• Rationale for using correct disability terminology and appropriate language.</li> <li>• Examples of acceptable and unacceptable disability terminology and appropriate language.</li> </ul>
Barriers to participation	<ul style="list-style-type: none"> <li>• Challenges faced by persons with disabilities.</li> <li>• Attitudinal, environmental and institutional barriers.</li> <li>• Consequences of exclusion.</li> <li>• Ways to remove barriers.</li> <li>• Particular challenges faced by women and girls with disabilities.</li> </ul>
Community mobilization	<ul style="list-style-type: none"> <li>• Explanation, aim and examples of community mobilization.</li> <li>• Benefits of community mobilization.</li> <li>• Role of community mobilization in disability inclusive disaster risk reduction.</li> <li>• How to carry out community mobilization.</li> </ul>
Components of CBR/CBID	<ul style="list-style-type: none"> <li>• Successes and challenges in implementing the five components of CBR.</li> <li>• Strategies to address the challenges.</li> </ul>
Disability mainstreaming and inclusive development	<ul style="list-style-type: none"> <li>• Disability mainstreaming, integration and inclusion.</li> <li>• Concepts of inclusion and inclusive development.</li> <li>• Achieving inclusive development at community level.</li> </ul>
Guest speaker and discussion	<ul style="list-style-type: none"> <li>• A person's lived experience as a person with a disability.</li> </ul>
Human Rights and a rights-based approach	<ul style="list-style-type: none"> <li>• Explanation and examples of human rights.</li> <li>• Main legal and policy instruments of disability, including the UN CRPD, Agenda 2030 and SDGs</li> </ul>
Introduction to Community Based Rehabilitation (CBR) /Community Based Inclusive Development (CBID)	<ul style="list-style-type: none"> <li>• Definitions of CBR/CBID.</li> <li>• Background and purpose of CBR Guidelines.</li> <li>• CBR Matrix: the five components and 25 elements.</li> </ul>

Models of disability	<ul style="list-style-type: none"> <li>• Five models of disability.</li> <li>• Relation of models to human rights.</li> </ul>
Referral and follow up	<ul style="list-style-type: none"> <li>• Referral and follow up process.</li> <li>• Importance of referral and follow up.</li> <li>• Local service providers.</li> <li>• Role of the volunteer.</li> </ul>
Stakeholder mapping and CBID Networking	<ul style="list-style-type: none"> <li>• Community assets.</li> <li>• Stakeholders that operate in the community.</li> <li>• Promotion of collaboration and networking among stakeholders.</li> </ul>
Understanding disability	<ul style="list-style-type: none"> <li>• Meaning of disability.</li> <li>• Types and causes of disability.</li> </ul>
Working as a CBID volunteer	<ul style="list-style-type: none"> <li>• Qualities required and process of recruitment.</li> <li>• Roles and reporting systems.</li> </ul>