

# Introduction to CBR/CBID



# Introduction to CBR/CBID

## Learning objectives

By the end of the session participants shall be able to:

- Define CBR/CBID.
- Explain the background and purpose of the CBR Guidelines.
- Describe the CBR Matrix, its five components and their elements.
- List the key concepts for each of the five components.
- List the key features of the 25 elements.

# Development of CBR/CBID

- Initiated by the World Health Organization in 1978 to enhance quality of life of persons with disabilities and their families
- Initial emphasis on increasing access to rehabilitation services.
- Now a multi-sectoral approach to improve the equalization of opportunities and social inclusion of persons with disabilities.
- Practiced in more than 100 countries.

# The CBR Guidelines

- A response to a need to provide a common understanding of the concepts and principles of CBR as a comprehensive rights-based approach.
- Based on the principles of the UN CRPD.
- Many African stakeholders involved in their development.
- Launched at the CBR Africa Conference in Nigeria in 2010.

# Objectives of the CBR Guidelines

- To provide guidance on how to develop and strengthen CBR in line with the CBR Joint Position Paper and the UN CRPD.
- To promote CBR as a strategy for community-based inclusive development to assist in the mainstreaming of disability in development initiatives, and in particular, to reduce poverty.

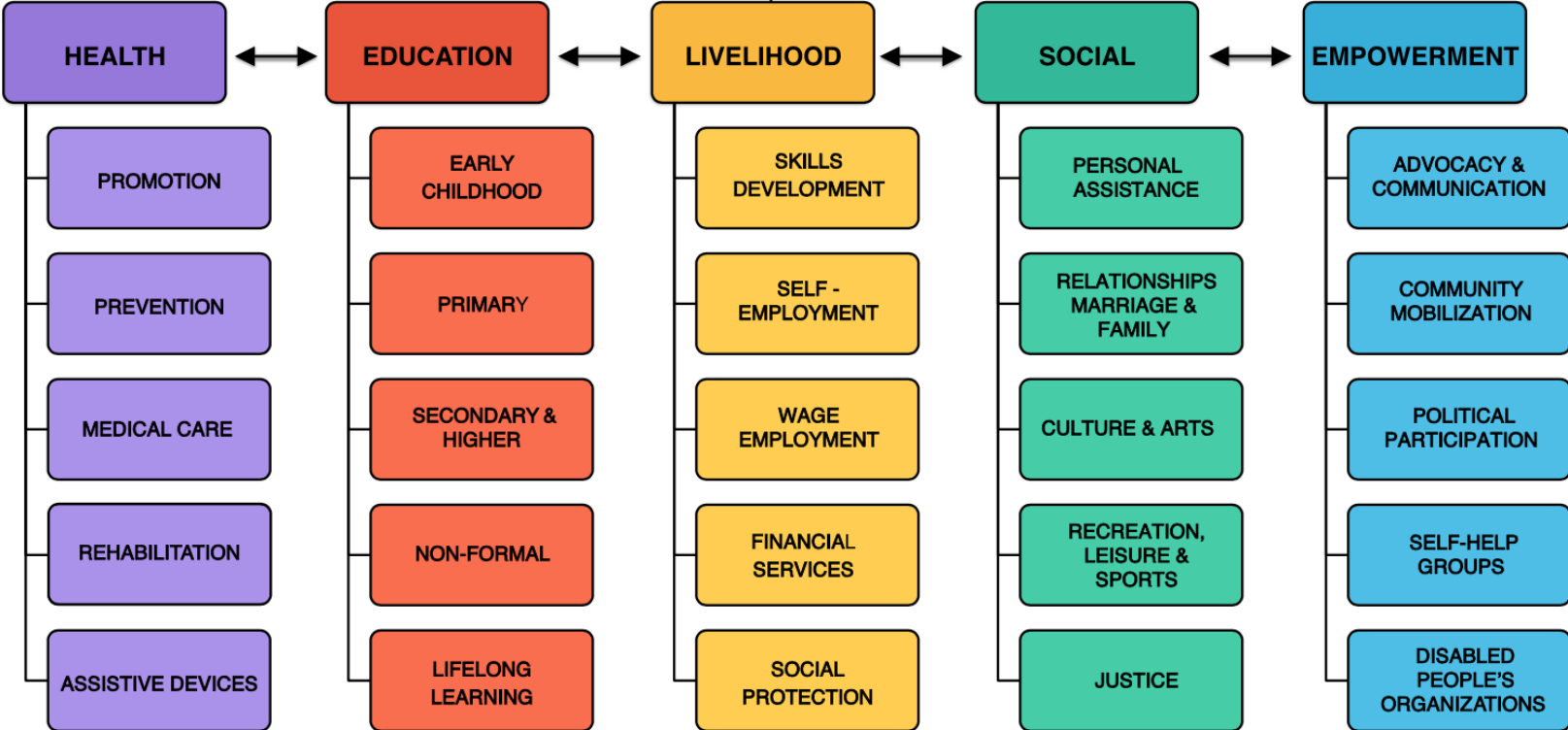
# Objectives of the CBR Guidelines

- To support stakeholders to meet the basic needs and enhance the quality of life of persons with disabilities and their families by facilitating access to the health, education, livelihood and social sectors.
- To encourage stakeholders to facilitate the empowerment of persons with disabilities and their families by promoting their inclusion and participation in development and decision-making processes.

**GOALS: HUMAN RIGHTS – SOCIO-ECONOMIC DEVELOPMENT – POVERTY REDUCTION**

**COMMUNITY BASED  
REHABILITATION (CBR)**

**PRINCIPLES: PARTICIPATION INCLUSION SUSTAINABILITY SELF-ADVOCACY**



# Activity

- In your group, read and discuss the one page summary of your assigned component area of the CBR Matrix.
- Prepare a five minute presentation to give to the rest of the group explaining the five elements of the component using the flipchart sheet provided.



# **CBR/CBID in our country**



**Community Based  
Inclusive Development**